# Exploring the Orbital Perspective on High-harmonic Generation from Solids

Heler Robert\*

Department of Engineering, Houston University, USA

### h\_09@outlook.com

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## INTRODUCTION

High-harmonic generation (HHG) is a fascinating phenomenon that occurs when intense laser fields interact with matter, leading to the emission of harmonics in the extreme ultraviolet (XUV) and soft X-ray regions. Traditionally studied in gases, HHG has recently found its way into the realm of solids, opening up new avenues for understanding and manipulating ultrafast electronic processes. This article explores the orbital perspective on high-harmonic generation from solids, shedding light on the intricate interplay between electronic orbitals and intense laser fields.

## DESCRIPTION

In a gas, high-harmonic generation involves the ionization of atoms followed by the recombination of electrons with their parent ions. The oscillating electric field of an intense laser accelerates the freed electron, causing it to collide with the ion and release a high-energy photon. In solids, the process becomes more complex due to the presence of the crystal lattice and the band structure of the material. To understand high-harmonic generation in solids, researchers have delved into the orbital dynamics of electrons within the crystal lattice. Orbitals, the regions around an atomic nucleus where electrons are likely to be found, play a crucial role in determining the electronic properties of materials. In the context of HHG, the interaction between the laser field and these orbitals becomes pivotal. In solids, the crystal lattice introduces a periodic potential that affects the motion of electrons. The electronic band structure, which describes the allowed energy states for electrons in the material, becomes a crucial factor in understanding high-harmonic generation. The interplay between the crystal lattice and the laser field gives rise to unique phenomena, such as the generation of high-harmonic cutoffs and the modification of harmonic spectra. The orbital perspective in high-harmonic generation involves examining the quantum trajectories of electrons within the crystal lattice. Unlike in gases, where the trajectories are largely determined by the laser field, in solids, the periodic potential of the lattice significantly influences the electron motion. Researchers use sophisticated theoretical models and simulations to trace these quantum trajectories, unraveling the intricate details of the interaction. The band structure of a material, which defines the energy-momentum relationship for electrons, dictates the allowed electronic transitions during high-harmonic generation. Different bands contribute to the harmonic spectrum, and the interband and intraband transitions become crucial in understanding the observed phenomena. The orbital characteristics of these bands, including their symmetries and shapes, play a pivotal role in shaping the high-harmonic generation process. The orbital perspective on high-harmonic generation from solids not only deepens our understanding of fundamental physical processes but also opens up new possibilities for controlling and manipulating ultrafast electronic dynamics. By tailoring the electronic orbitals through material engineering or external fields, researchers aim to enhance the efficiency and control of high-harmonic generation in solids. Applications of high-harmonic generation in solids extend beyond fundamental research. The generation of coherent XUV and soft X-ray radiation from solids holds promise for applications in imaging, spectroscopy, and even attosecond science, where the ability to observe and control ultrafast processes at the atomic and electronic scales becomes paramount.

## CONCLUSION

The orbital perspective on high-harmonic generation from solids represents a frontier in ultrafast optics, where the interplay between electronic orbitals, crystal lattices, and intense laser fields gives rise to rich and complex phenomena. As researchers delve deeper into the quantum trajectories and band structures of materials, we can expect new breakthroughs that will not only advance our understanding of fundamental physics but also pave the way for innovative technologies with applications across various scientific disciplines.

